

FREE...NO COST

Health Consultation Program



**You're Invited to Join Us
On Any One
of the Dates Listed!**

**WHERE: Rochelle Park
Municipal Bldg.-Senior Center
151 W. Passaic Street**

**WHEN: 3rd Wednesday of
Every Month**

TIME: 9:30am-11:30am walk-ins

DATES FOR 2015:

Jan. 21	May 20	Sept 16
Feb. 18	June 17	Oct 21
March 18	July 15	Nov 18
April 15	Aug. 19	Dec 16

For more information call:

201-587-7730

SERVICES INCLUDE:

- ◆ **Health History Evaluation**
- ◆ **Blood Pressure Measurement**
- ◆ **Height and Weight**
- ◆ **Individualized Counseling and Education**
- ◆ **Referral and Follow-up**
- ◆ **Confidential Consultation
with a Public Health Nurse**

This program is made possible by the contract your local Board of Health holds with the Bergen County Department of Health Services for programs and services like these that are designed to meet the needs of residents.