

Want to learn more about memory loss, Alzheimer's Disease and other forms of dementia? Alzheimer's New Jersey is sponsoring a FREE program titled, "Alzheimer's 101" next Wednesday evening, October 18<sup>th</sup> from 7:00 to 8:00 pm at the Glen Rock Public Library, 315 Rock Road, Glen Rock, NJ.

The program will focus on risk factors and warning signs, steps to obtaining a diagnosis, and discuss treatment options. Planning for the future, coping with behavioral and other changes, and accessing community resources are also reviewed.

**Pre-registration is required**. Individuals interested in the presentation can register by emailing <a href="mailto:info@alznj.org">info@alznj.org</a> or calling Alzheimer's New Jersey at **888-280-6055**.

A promotional flyer is attached for your review and please share with those who are interesting in learning basic information about this disease that affects so many individuals and families. .

For more information on Alzheimer's New Jersey visit www.alznj.org.